



**Farm to Families**  
**Fresh Affordable Food**  
**Straight To You!**

Weekly boxes are available year round!

Healthy eating is an important way to improve and maintain a healthy lifestyle. To get the most benefit for your health, you should choose more fruits, vegetables, and foods with whole grains and healthy protein

**Improve your health with fresh produce!**

Two Ways to Order:

**Online with Credit Card**

[www.stmaryhealthcare.org/farmtofamily](http://www.stmaryhealthcare.org/farmtofamily)

**Phone**

215.710.4163

Please leave a message with:

- name
- phone number
- pickup location
- You will receive a call to confirm your order.

**Place Order**

Small box \$10 (for 2-3 people)

Large box \$15 (for 3-5 people)

**Select from 3 Locations•**

St. Mary Main Campus Volunteer Office

Wednesdays, 1:00 pm - 8:00 pm

1201 Langhorne -Newtown Rd,  
Langhorne, PA 19047

Queen of the Universe Parish Center

Fridays, 12:30 pm - 5:30 pm

2477 Trenton Rd, Levittown, PA 19056

Our Lady of Fatima School Center

Thursdays, 12:30 pm- 4 pm

2913 Street Rd, Bensalem, PA 19020

**CASH and SNAP Accepted in Person ONLY.**

Registered Dietitian is present at community sites providing a first taste and a recipe based on box content

**What is in each box?**

- Each box contains:
  - 1 leafy green,
  - 1 starchy vegetable,
  - 1-2 fruits,
  - 1-2 vegetables

Organic produce supplied by Lancaster Farm Fresh Cooperative.

